

Growing Resilient Youth in Transition

trybe
**GRYT
PROGRAMME**

Do you know any youth who...



will be
discharging from
an institution
soon?



is seeking continued
professional support after
reintegrating back into the
community?



needs positive
influences in life?

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**REFER THE YOUTH TO
THE GRYT PROGRAMME**

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Growing Resilient Youth in Transition (GRYT) programme is Trybe's solution in addressing the complex and multifaceted challenges that youth face when they are transitioning from institutions into the community.

[Flip this paper for more details>>](#)

For more details, visit www.trybe.org/reintegration/#gryt

GRYT PROGRAMME



THE ISSUE

Youth transitioning out of institutions into the community could face complex and multifaceted issues in their reintegration. In addition, they no longer have the structure and support from institutions. Without adequate help, the transition can be overwhelming for the youth.

THE PROGRAMME

- A 12 to 15-month programme, depending on the progress of the youth's reintegration
- A GRYT worker will be assigned to each youth to provide casework & counselling
- GRYT workers will work closely with the residential home staff to prepare the youth for discharge



OUR CLIENTS



- Youth aged 13-21 who will be discharged from a residential institution
- Youth who have at least three months remaining stay in the institution at the point of referral for GRYT worker to begin engagement work
- Youth who is willing to work and journey with a GRYT worker

OUR GOALS



- Youth will remain engaged in school, employment, or organised activities
- Develop youth's capacity to cope with stressors
- Youth will be supported by trusted and prosocial adults